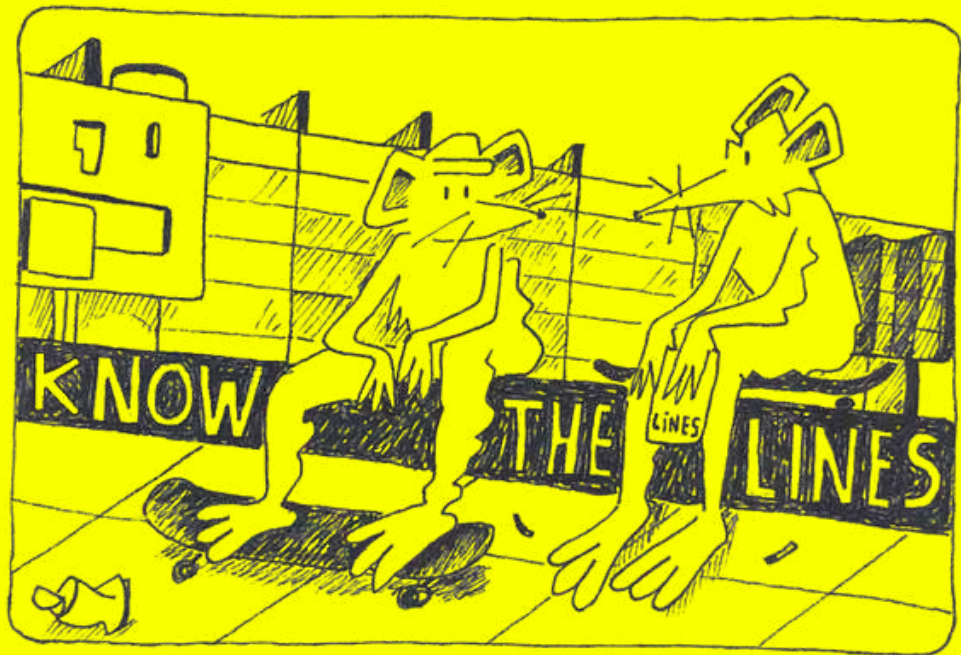




ASKATEBOARDER'S GUIDE TO CONSENT AND INTERVENTION

SO WHAT'S THIS ZINE ALL ABOUT?

Have you ever seen something weird happening at the park,
that you knew wasn't right, but you didn't know how to step in?

No matter how chill or tight-knit a skate scene feels, messed up stuff still happens.
Moments that cross boundaries and ignore consent. That make people feel uncomfortable
or even unsafe.

It's easy to freeze or feel unsure of how to act when this kind of stuff happens.
That's where the 4Ds of Bystander Intervention come in handy:
Direct, Distract, Delegate, and Delay.

The 4Ds are four simple ways you can step in when someone crosses a line and we
explain them in this zine. We show you what crossing a line can look like and give
you language to intervene. TRIGGER WARNING: This zine mentions sexual harassment.

IMPORTANT TERMS TO KNOW

BOUNDARIES are limits we set to protect our comfort, safety, and wellbeing. They might be physical, emotional, or social. In skating, it could mean saying, "I don't want to be filmed". In a relationship, it could mean, "I don't want to have sex right now, but I'd like to cuddle". Healthy boundaries are about respect, not rejection.

CONSENT is a clear, enthusiastic, and ongoing "yes" to any activity. Consent is never forced, pressured, or assumed, it is asked. Consent can be changed or withdrawn at any time.

INTERVENTION is stepping in when you see something that's not okay. For example, if you see someone being harrassed. Intervention doesn't mean confrontation, it's about looking out for one another and creating safer spaces wherever we go.

DIRECT

Means saying something in the moment to directly address what's going on. This can be to the person being bothered or to the person causing bother.

SCENARIO

You're at a bar after a skate session. One of the skaters is drunk and being overly touchy and making inappropriate comments to someone who clearly looks uncomfortable.



THINGS YOU CAN SAY

is this person bothering you?

hey, is everything ok over here?

hey, you're making my friend uncomfortable, can you please stop

yo, you good?

want me to stay with you for a bit?

yo, i think they want some space

hey, that's enough

is this person being creepy to you? want me to say something?

hey, i think they want to be left alone right now

hey, what's going on?

hey, you're too drunk, you need to take a second



to the person being bothered

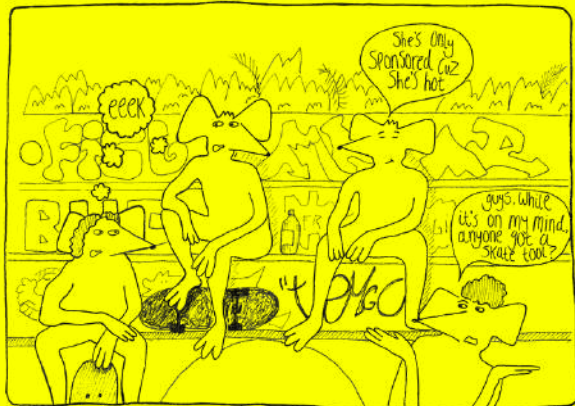
to the person causing bother

DISTRACT

Means interrupting the moment by saying or doing something that shifts attention. It gives those involved a break and lets you step in without direct confrontation.

SCENARIO #1

Someone starts saying something sexist in a group conversation. Change the subject by using phrases like:



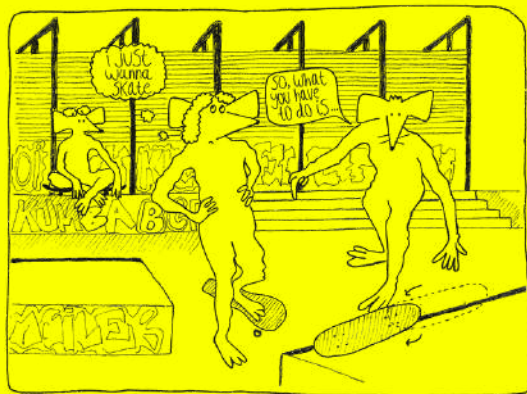
"guys, i meant to ask earlier,
has anyone got wax?"
"guys, this is random, but...
i wanna nollie heel today... tips?"
"guys i think i'm gonna go skate,
anyone wanna join?"



THINGS YOU CAN SAY

SCENARIO #2

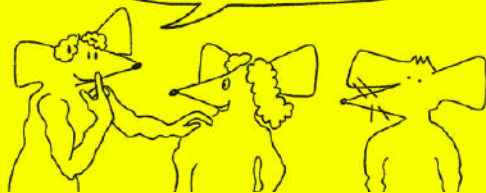
You see your friend's session is being interrupted by someone giving them unsolicited advice. It's throwing off their skate. Politely interrupt by using phrases like:



"hey, can you film something for me?"

"hey, i'm gonna go to the shop,
wanna come with?"

"i'm gonna go skate the quarter, wanna
skate it with me?"



Note: If you want to offer advice, a good way to ask is: "Hey, I saw you're trying [trick], there's something that really helped me land those, do you want me to share it with you?"

DELEGATE

Means asking someone else to intervene. Maybe they know the people, feel more comfortable speaking up, or you don't feel safe doing it alone.



SCENARIO

There's a commotion between two skaters. You don't know what it's about, but you hear shouting and see one skater looking distressed, asking the other to stop and calm down. The other's anger is escalating.

THINGS YOU CAN SAY

hey, have you seen
what's happening? can you say
something? i feel like they'll
listen to you



of
course

hey, something's
happening over there,
can you check it out?



of
course

hey, [name] is shouting at
[name], can you come with me
to see what's going on?



of
course

Then, the person intervening can use the phrases from DIRECT.

Remember: if you're in a bar after skating, and something really starts to get out of hand, you can ask the bar staff for help.

asking for help
is taking action!

DELAY

SCENARIO #1

You saw or heard about someone getting shouted at or harassed during a session. You can follow up by saying:

“hey, i saw what happened over there, are you ok?”

OR “hey, i heard about what happened, how are you feeling?”

Means taking action once the incident has passed. Whether you missed it or couldn't step in, checking in with someone later is always a good idea.



THINGS YOU CAN SAY

SCENARIO #2

You meet a friend to skate and they share that another skater said something sexually inappropriate and touched them inappropriately. To support them, you can say:

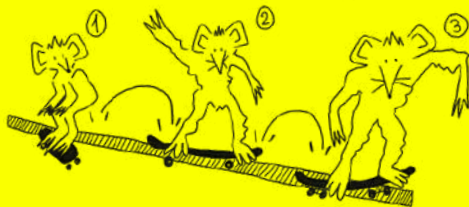


"I'm really sorry that happened to you. Thank you for telling me. How do you want to handle this situation?"

"It's not ok that they behaved that way. Do you want me to talk to them about it so you don't have to?"

"This isn't your fault, you didn't do anything to deserve this. Do you want to keep this private or would it help if other skaters knew about this?"

KNOW THE LINES



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