



# Create a Plant for Each Child

Thank you for allowing us to bloom. We love you!

Each child gets a paper "seed" or card where they write (or draw) a name, pronoun, or a fun fact about themselves.

- Example: "My name is Sam, I use he/him pronouns, and I love soccer."

## Plant the Seed:

- The child "plants" their seed in the garden (sticks it on the poster or places it on the table).

## Affirm Each Seed:

- Take turns going around the garden. Each player "waters" the plant by repeating the identity details shared and adding a positive note.
- "Sam, he likes soccer! That's great!"
- Use their name and pronouns correctly.

## Decorations:

- Add stickers, drawings, or decorations to each plant as a team, showing how affirmation helps the garden grow beautifully.

## By the end ask different questions:

- "How did it feel to share your seed?"
- "How did it feel to water someone else's plant?"
- "What can we do every day to help people feel like their garden is growing?"

