

Anti-Racism Lesson Plan Example (by Women Skate the World)

<p>Theme: Anti-Racism, protests, activism</p>	<p>Date: xx-xx-xxxx Team member: xxxx</p>	
<p>Context: This lesson takes place in the context of anti-racism movements and black lives matters protests, both globally and locally.</p>	<p>Team roles:</p>	
<p>Create space to; talk about experiences of racism/institutional racism and current global developments. Create tools to; feel in power, raise voice, join in a way that feels good for participant Safe environment; link local instances/organisations/people that are open to help/listen. Address safety/group conversation rules before session. Who: Team, expert, participants in skate & create program Skateboard link: Use your skateboard as a canvas. Skateboarding at marches, examples anti-racism connection skateboarding.</p>	<p>Activity</p> <p>Introduction</p> <p>Group conversation</p> <p>Skatebreak</p> <p>Create: use your voice/use your skateboard as a canvas</p> <p>Outro</p>	<p>Time Frame</p> <p>xx minutes</p> <p>xx minutes</p> <p>xx minutes</p> <p>xx minutes</p>

Examples worksheets/create sesh:
<https://centerracialjustice.org/resources/resources-for-talking-about-race-racism-and-racialized-violence-with-kids/>
<https://www.instagram.com/skateforjustice/>






To do:	Who	Deadline	Notes
<p>[If not in your own organisation] check with local anti-racism orgs whether it's able to hire an expert to help out with lesson and group talk.</p>			
<p>Prepare lesson theme, what is relevant to your participants? What is happening in their world? What do they hear from others, media, school, social media?</p> <p>! - Leave enough space and time for unprepared conversations and sharing of experiences</p>			
<p>Prepare creative session:</p> <ul style="list-style-type: none"> - does it serve purpose of 'makes you feel in power/ like you can do something / involved' - is activity accustomed to age group - is it doable for anyone? Are there variations e.g. a skatedeck OR a poster OR a griptape 			

Pre/After preparations:

- Coaches/Volunteers Q&A, training, pre-sesh (w/ expert)

- Is there someone coaches and/or participants can reach out to if they have questions or feelings to share, **after** the session?

- Is there a follow up session for participants? Is there an event to join to?

Read/watch/listen for team (add links if you want):

Skateism Issue #6 - Racism <https://shop.skateism.com/product/issue-6/>

<https://www.freeskatemag.com/2020/11/26/dr-neftalie-williams-interview/>

<http://www.jenkemmag.com/home/2020/07/31/black-skaters-share-experiences-skateboarding/>

<https://podcasts.apple.com/us/podcast/23-a-skaters-intro-to-abolition-w-alan-eladio-g%C3%B3mez/id1458209339?i=10004788>

Goodpush Anti-Racism: <https://www.goodpush.org/antiracism>